

 **BLUEPRINT**[®]
FOR ATHLETES

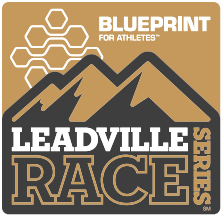
MTTB **LEADVILLE**
STAGE RACE



JULY 28-30, 2017

ATHLETE
GUIDE

LIFETIME[®]
HEALTHY WAY OF LIFE



LeadvilleRaceSeries.com

Welcome to the 2017 Blueprint for Athletes Leadville Stage Race!

This Year marks the 24th anniversary of the first Leadville Trail 100 mountain bike race. We are excited to have you join us for the third year of this stage race challenge. Whether you go it alone or bring a couple friends, this event was created for only the most determined athletes. Racing is all about results.

Some people come here to challenge the records set in the past, others to discover where you stand in a crowd of like-minded cyclists. For most, this race is about a personal goal to finish 100 tough miles in thin air. If this is your first Leadville experience, you are in for a treat.

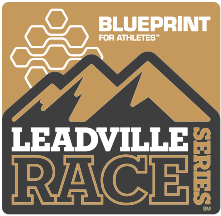
The finish line will be full of wonderful stories as always. Some happy tears may be shed with new friends who you will meet on your adventure up St. Kevins, Powerline and the Columbine climb. Through your journey, you will walk away from Leadville a better person. Riding up the red carpet in any Leadville Trail 100 event is special and your finish is waiting.

Commitment like this is hard to find. Thanks for riding with us in Leadville!

Sincerely,

Ken Chlouber
Merilee Maupin
Paul Anderson
Quinn Cooper
Rich Naprstek
Kelsey Conine
Sara Mahan
Courtney Touchstone
Laura Mayo

[Leadville Race Series](#)



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SCHEDULE OF EVENTS

THURSDAY, JULY 27

5:00 pm - 7:00 pm

Registration and Packet Pickup

Photo ID is required. Packets **MUST** be picked up in person. They will not be mailed or given to others. Each member of a tandem or relay team must pick up their own packet.

Race HQ

316 Harrison Ave.

FRIDAY, JULY 28

7:00 am - 8:30 am

Packet Pickup and Mandatory Racer Check-in

Photo ID is required. Packets **MUST** be picked up in person. They will not be mailed or given to others. Each member of a tandem or relay team must pick up their own packet.

Lake County Rodeo Grounds

6th Ave. & McWethy

9:00 am

RACE START

Please note the Stage 1 finish location is **Twin Lakes Dam**.

Lake County Rodeo Grounds

6th Ave. & McWethy

12:00 pm - 2:00 pm

Race Shuttles

Race shuttles will be taking racers back to the Lake County Rodeo Grounds. If you did not sign up for a race shuttle during registration, you may purchase a seat during packet pick up (based on availability).

Lake County Rodeo Grounds

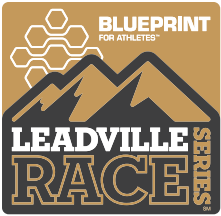
6th Ave. & McWethy

4:00 pm - 6:30 pm

Post-Race Dinner & Entertainment

Sayer Mc-Kee Building

615 Harrison Ave.



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SCHEDULE OF EVENTS - CONT.

SATURDAY, JULY 29

7:00 am - 8:30 am	Mandatory Racer Check-in	Twin Lakes Dam Directions are available under the Crew Information section of this guide.
9:00 am	RACE START Please note the Stage 2 start and finish location is Twin Lakes Dam.	Twin Lakes Dam
4:00 pm - 6:30 pm	Post-Race Dinner & Entertainment	Sayer Mc-Kee Building 615 Harrison Ave.

SUNDAY, JULY 30

6:00 am - 7:30 am	Race Shuttles Race shuttles will be picking up athletes at the Lake County Rodeo Grounds for the Twin Lakes Dam drop-off.	Lake County Rodeo Grounds 6th Ave. & McWethy
7:00 am - 8:30 am	Mandatory Racer Check-in	Twin Lakes Dam
9:00 am	RACE START Please note the Stage 3 finish location is the Lake County Rodeo Grounds.	Twin Lakes Dam
11:00 am - 3:00 pm	Post-Race Party & Entertainment Join us for the final post-race party featuring lunch, music and beer!	Lake County Rodeo Grounds 6th Ave. & McWethy
2:00 pm	Awards Ceremony LT100 MTB qualifying coins will be awarded at this time.	Lake County Rodeo Grounds



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BLUEPRINT FOR ATHLETES LEADVILLE STAGE RACE COURSE DESCRIPTION

Your challenge remains the same difficult course that made the Leadville Trail 100 famous, but now we are spreading it over three exciting days. It's time to see what you're made of. With a stage race format, you will be able to put the hammer down even faster and bring a team if you choose. The 100 mile out-and-back course is in the midst of the Colorado Rockies. The low point of 9,200 feet is located at the Twin Lakes Dam. The high point is Columbine Mine, at 12,424 feet. The majority of course is on mountainous two-track fire roads.

STAGE 1 - FRIDAY, JULY 28

START: Lake County Rodeo Grounds

FINISH: Twin Lakes Dam

TOTAL MILEAGE: 42 miles

Get ready to meet St. Kevins! Within 4 miles of the Stage 1 start, you will conquer the first of two big climbs of the course. St. Kevins will test your legs with steep rocky sections that seem to never end. After the Carter Summit Aid Station (fluids only) at Mile 10, you can enjoy a short break on pavement around beautiful Turquoise Lake. Next, you will head up Hagerman Pass to Sugarloaf Pass for a brief introduction to the high alpine tree line at nearly 12,000 feet. Keep your wits because hiding just over the south side of Sugarloaf Pass is the infamous Powerline section. "Loose, steep, fast and exciting," doesn't even come close to describing these 2 miles of jaw-dropping fun. Once down, enjoy the only flat paved section on the course. Make good time as you pace line around Fish Hatchery to the Pipeline Aid Station at Mile 28. Reload for the Pipeline Road and don't forget there is some sweet singletrack waiting at the end! Cross over the Twin Lakes Dam to reach the Stage 1 finish. A truck located at the Lake County Rodeo Grounds will be available to transport drop bag items from the start line to the Twin Lakes Dam.

STAGE 2 - SATURDAY, JULY 29

START: Twin Lakes Dam

FINISH: Twin Lakes Dam

TOTAL MILEAGE: 16 miles

Elevator going up! At the sound of the gun, you have 8 miles of pure climbing that will bring you to the top of the Columbine climb and the Columbine Aid Station. Check out the views from 10,400 feet as you swing into the aid station, but don't stay too long. You still have 8 miles of white knuckled descending! Please be sure and stay to the right as you cross paths with EVERYONE in the race. Give a shout to those still climbing!

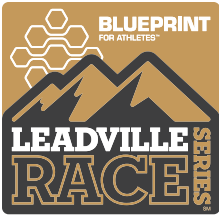
STAGE 3 - SUNDAY, JULY 30

START: Twin Lakes Dam

FINISH: Lake County Rodeo Grounds

TOTAL MILEAGE: 42 miles

It's time to retrace your steps, literally, as you make your way back to the Pipeline Aid Station at Mile 13.5. Now prepare for your trek up and over the Powerline climb. As you descend Hagerman Pass, be ready for one last big effort on the paved road around Turquoise Lake. Coming through Carter Summit Aid Station at Mile 18 means you are almost home. A truck will be available at the Twin Lakes Dam to deliver drop bag items to the finish at the Lake County Rodeo Grounds.



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COURSE MARKING

Major road intersections and the highway crossings will have local law enforcement officers present. At various course turns, volunteers will provide direction. Course markings will be chalk arrows on the ground and pink/black pin flags and flagging tape.

LEADVILLE TRAIL 100 MTB QUALIFIER TIMES & COINCIDING CORRAL PLACEMENTS

	GOLD	SILVER	RED	GREEN	PURPLE	ORANGE	BLUE	WHITE
2016/17 Austin Rattler 100K	Sub 4:00 hours	Sub 4:15 hours	Sub 4:30 hours	Sub 5:00 hours	Sub 5:30 hours	Sub 6:30 hours	Sub 7:00 hours	New racers
2016/17 Wilmington Whiteface 100K	Sub 4:15 hours	Sub 4:45 hours	Sub 5:00 hours	Sub 5:30 hours	Sub 6:00 hours	Sub 7:00 hours	Sub 8:00 hours	or those
2016/17 Lutsen 99er	Sub 5:30 hours	Sub 5:45 hours	Sub 6:00 hours	Sub 6:15 hours	Sub 7:00 hours	Sub 7:30 hours	Sub 9:00 hours	who do not
2016/17 Silver Rush 50 MTB	Sub 4:00 hours	Sub 4:30 hours	Sub 5:00 hours	Sub 5:45 hours	Sub 6:30 hours	Sub 7:15 hours	Sub 8:00 hours	have a current
2016/17 Tahoe Trail 100K	Sub 4:15 hours	Sub 4:45 hours	Sub 5:15 hours	Sub 6:00 hours	Sub 6:45 hours	Sub 7:35 hours	Sub 8:15 hours	qualifier time
2016/17 Leadville Stage Race	Sub 7:00 hours	Sub 7:30 hours	Sub 8:00 hours	Sub 8:30 hours	Sub 9:30 hours	Sub 10:00 hours	Sub 10:30 hours	or year prior
2016 Barn Burner 104	Sub 7:00 hours	Sub 8:00 hours	Sub 8:30 hours	Sub 9:00 hours	Sub 9:30 hours	Sub 10:30 hours	Sub 11:00 hours	LT100
2016 LT 100 MTB	Sub 7:45 hours	Sub 8:15 hours	Sub 8:30 hours	Sub 9:00 hours	Sub 10:00 hours	Sub 11:00 hours	Sub 12:00 & VIP/Charity	finish time.

Some of you are racing in the Leadville Stage Race and already have entry into the 2017 LT100 MTB race. If you wish for us to consider your finish time at the Stage Race for corraling in Leadville, please email Quinn at qcooper@lifetimefitness.com by August 4th. Include your name, finish time at the Stage Race and a nice note!

DAILY PRESENTATION

At the post-race dinner on each day, we will announce the daily stage winners and present jerseys from VOLER. Winners of the sponsor product giveaways and random drawings will also be revealed at this time.

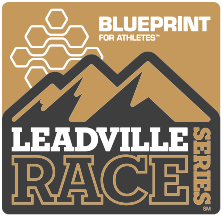
- Stage 1: Prizes awarded for a variety of competitions.
- Stage 2: Prizes to winner for fastest ascent up the Columbine climb.
- Stage 3: Prizes awarded to the fastest male and female to the top of Powerline and the fastest racer up the Boulevard challenge section.

AWARDS CEREMONY

All athletes who finish the Leadville Stage Race in under 10.5 hours will receive a custom branded leather belt and a finisher buckle.

Riders who finish in under 8.5 hours will receive a LARGE buckle.
Riders who finish in under 10.5 hours will receive a SMALL buckle.

The awards ceremony will take place at 2:00 pm on Sunday, July 30 at the Lake Country Rodeo Grounds. All awards MUST be picked up in person. Qualifying coins to the Leadville Trail 100 MTB will be awarded at this time.



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BIKE SHIPPING

Cycles of Life is a full-service bike shop right in the town of Leadville, providing shipping services, all types of minor and major repair, tune-ups, custom wheel building, suspension and fork overhauls, bike fitting and more. To make things easy for you, have your bike shipped directly to the shop where Cycles of Life will unpack, assemble, inspect, fully tune and prepare your bike for race day. Post-race, simply drop off your ride and Cycles of Life will repack and ship to your destination.

For more information on Cycles of Life shipping package options, visit <http://colbikes.com/bike-shipping.html>.

TRASH & RECYCLING

Our races are Zero Waste events. Look for recycle and compost bins at every aid station and start/finish. Please discard any trash in an appropriate container. Intentional littering on the course will be grounds for disqualification. The course is held on trails both public and private, travels past many historic sites and through areas of exceptional beauty. Help us keep them pristine.

We will be recycling all plastic, aluminum and cardboard during these races, and all our events. We'll take care of this at the aid stations. At the start/finish, please ensure you place trash or recyclable materials in the appropriate containers, which will be well marked.

AID STATIONS

There will be well-supplied aid stations during each stage of the race. Please reference the stage descriptions for the exact locations of each aid station.

Aid stations will offer:

1. Gu product
2. Assorted foods including bananas, oranges, figs, pretzels, etc.
3. Water

RACE NUMBERS

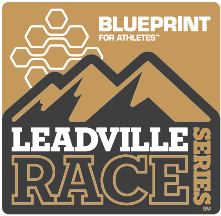
Riders will be supplied a number for their helmet, jersey and for their bike. Race numbers must be visible at all times, tied to the handle bars of your bike. Please do not cut or fold your number. The timing chip is affixed to the number. If you cut or fold your race number you may damage the chip, which means your race times will not be recorded.

RETAIL SHOP

We are so excited to welcome you to our retail shop and the Leadville Race Series Race HQ at 316 Harrison Avenue here in Leadville! You'll find us closer to the pulse of the avenue with a fresh look, and amazing race gear for the whole family that you can only find here at 10,152 feet above sea level. We look forward to seeing you soon!

Store Hours: 10 am - 6 pm daily

Race Management Headquarters remains at 213 Harrison Avenue.



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CREW INFORMATION

It's great to see you! Crews and spectators are treated and appreciated equally with the participants and are included in the Leadville Race Series family. **Please note that NO PETS are allowed at the Start/Finish or Aid Stations.** Crews are welcome at all aid stations except the Columbine turnaround. No crew bikes, please.

Crews should allow adequate time to park and walk to aid stations. Crew vehicles are not allowed on any dirt road sections of the course. Riders are responsible for the actions of their crews. Crews and spectators will not be allowed to access the base of Powerline or obstruct the junction of the paved road and jeep road where riders leave Powerline to head for Pipeline.

Crews will certainly want to be at the 9 a.m. starts to assist their riders with any last-second needs and cheer them on at the sound of the starting gun.

Directions to Aid Stations

From the intersection of Harrison and 6th (stop light in the middle of town):

Carter Summit Aid Station (39°17'1.65"N, 106°24'20.76"W)

1. Drive west on E 6th St, go 0.9 miles
2. Turn right (north) on McWethy Dr / County Rd-4, go 1.0 mile
3. Stay right (north) at Leadville Junction, go 0.4 miles
4. Turn left (west) on County Rd-9, cross railroad tracks, go 0.5 miles
5. Turn right (north) on Turquoise Lake Rd, go 4.6 miles
6. Arrive at aid station, just past Carter Summit

Pipeline (39°11'22.69"N, 106°22'26.82"W)

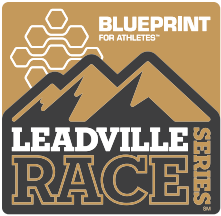
1. Drive south on Harrison/Hwy 24, go 3.9 miles
2. Turn right (west) on CO-300, go 0.8 miles
3. Turn left (south) on County Rd-11, go 1.2 miles (Riders will be on the same road for about a mile, so please drive slowly and use every caution on this stretch of road.)
4. Continue straight (south) on paved road, go 1.6 miles
5. Turn left (south) on pipeline road and arrive at aid station

Twin Lakes (39° 4'34.05"N, 106°18'13.57"W)

1. Drive south on Harrison/Hwy 24, go 15.0 miles
2. Turn right (west) on E CO-82, go 0.8 miles
3. Turn left (southwest) on County Rd 25, go 0.5 miles
4. Arrive at aid station

Volunteers will direct parking at all aid stations. This area gets very congested, so we ask for your help and patience, and that you follow the instructions of the traffic control volunteers without question.

There may be some riders without a crew who would appreciate your help. Remember, you may help a rider with any need, but the riders must carry their own tools and personally perform all repairs or adjustments to their mountain bike. Crews may furnish the replacement parts.



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LEADVILLE TRAIL 100 QUALIFIER EXPLANATION

The 2017 Leadville Stage Race will award 125 qualifying slots to the Leadville Trail 100 MTB. Half of the qualifying spots will be allocated based on the top age-group performances and half will be drawn among riders who have finished the qualifier race within the allocated cut-off time of 12 hours.

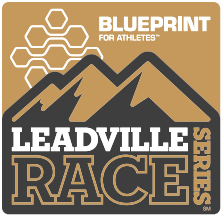
1. The 2017 Leadville Stage Race will award 125 qualifying slots to the Leadville Trail 100 MTB.
2. 50% of slots will be distributed based on performance in the qualifying event.
 - a. Slots will be distributed to each gender and age group (20-29, 30-39, etc.) based on the percentage of total athletes in those age groups, with a minimum of one slot for every age group.
 - b. The top athletes in each age group will receive the allocated slots.
 - c. In the event a top athlete elects not to accept a slot, the slot will roll down to the next athlete in the results, within the age group.
 - d. If slots are not claimed after the roll down in each age group, those slots will be allocated to the drawing, as described below.
 - e. One slot will be allocated for the top single speed rider.
 - f. Slots will be allocated to the top tandem team.
3. 50% of slots will be distributed through the Leadville Stage Race drawing.
 - a. All finishers under the pre-determined maximum finish time, who have indicated their desire to participate in the drawing, will be entered.
 - b. Names will be drawn from the eligible athletes and slots will be given out.
 - c. In the event an athlete opts not to accept a slot, the slots will roll down to the next athlete that is drawn, until ALL slots have been distributed.
4. **Qualification slots must be claimed in person immediately.**
5. Registration for the Leadville Trail 100 must be completed and paid for within the designated timeframe.
6. For the 2017 Qualifiers, riders may elect to race in the Leadville Trail 100 for 2017 or defer until 2018. Through the registration process, riders will be asked to select the year they prefer to race.
7. Only solo and tandem riders that have ridden the full 50 mile course will be considered as potential qualifiers. Relays are welcome to race qualifier events where available but will not be considered as a potential qualifier.
8. All registration fees for the LT100 are non-transferrable and non-refundable.

THANK YOU TO OUR VOLUNTEERS!

Please take time along the way to thank the numerous volunteers. We couldn't put this race on without them!

To volunteer for any of our events, please visit the following website:

<https://www.givepulse.com/group/events/6795>.



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LEAVE NO TRACE PRINCIPALS

PLAN AHEAD AND PREPARE

- Know the regulations and special concerns for the area you'll visit.
- Prepare for extreme weather, hazards and emergencies.

TRAVEL AND CAMP ON DURABLE SURFACES

- Durable surfaces include established trails and campsites, rock, gravel or dry grasses.
- Good campsites are found, not made. Altering a site is not necessary.

DISPOSE OF WASTE PROPERLY

- Pack it in, pack it out.
- Deposit solid human waste in catholes dug six-to-eight inches deep at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.

LEAVE WHAT YOU FIND

- Preserve the past: examine, but do not touch, cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.

MINIMIZE CAMPFIRE IMPACTS

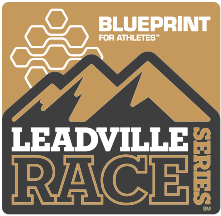
- Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light.
- Where fires are permitted, use established fire rings, fire pans or mound fires.

RESPECT WILDLIFE

- Observe wildlife from a distance. Do not follow or approach them.
- Never feed animals. Feeding wildlife damages their health, alters natural behaviors and exposes them to predators and other dangers.

BE CONSIDERATE OF OTHER VISITORS

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.



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DIRECTIONS TO LEADVILLE FROM:

METRO DENVER & DENVER INTERNATIONAL AIRPORT (121 MILES)

- Take I-70 West
- Go through the Eisenhower Tunnel
- Continue past Dillon
- Continue past Frisco
- Take Hwy 91, Copper Mtn Resort (Exit 195)
- Go South on Hwy 91, past Climax to Leadville (24 miles)

GRAND JUNCTION (163 MILES)

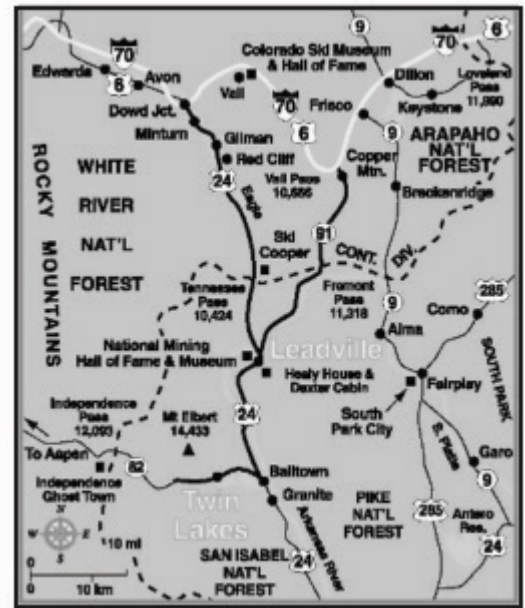
- Take I-70 East
- Turn onto Hwy 24 South at Minturn
- Follow Hwy 24 over Tennessee Pass to Leadville

PUEBLO (153 MILES)

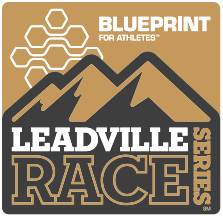
- Take Hwy 50 West through Canon City and Salida
- Take Hwy 291 North until Hwy 285
- Take Hwy 285 North until Hwy 24
- Take Hwy 24 North until Leadville

COLORADO SPRINGS (130 MILES)

- Take Hwy 24 West through Woodland Park
- Continue past Buena Vista
- Continue onto Hwy 24 to Leadville



The town of Leadville is located 10,200' above sea level in Colorado's Rocky Mountains. From every direction, it's a breathtaking and easy drive...and if you happen to get lost, just head uphill!



LeadvilleRaceSeries.com

AT YOUR SERVICE... THE LEADVILLE RACE SERIES STAFF

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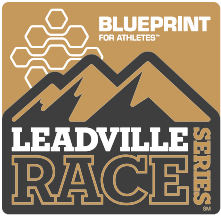
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You'll also be seeing the familiar faces of Leadville Trail 100 Founder Ken Chlouber and former LT100 Race Director Merilee Maupin at the events this year!



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2017 BLUEPRINT FOR ATHLETES LEADVILLE RACE SERIES EVENT SCHEDULE

Visit www.leadvilleraceseries.com for more information.

Austin Rattler // April 8 - 9

Wilmington Whiteface // June 3

Leadville Trail Marathon & Heavy Half // June 17

Leadville Run Training Camp // June 23 - 26

Leadville MTB Camp of Champions // June 29 - July 2

Silver Rush 50 MTB // July 8

Silver Rush 50 Run // July 9

Tahoe Trail // July 15

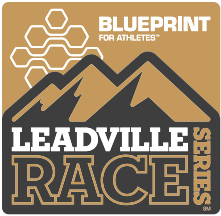
Leadville Stage Race // July 28 - 30

Leadville Trail 100 MTB // August 12

Leadville 10K Run // August 13

Leadville Trail 100 Run // August 19 - 20

Barn Burner // September 9



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RACE SPONSORS

We thank the following sponsors for making the Blueprint for Athletes Leadville Stage Race possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you. Our most sincere thanks to you all!

