

LIFETIME
**SILVER
RUSH50RUN**
PRESENTED BY LA SPORTIVA

STAGES
CYCLING
**SILVER
RUSH50MTB**

LIFETIME
**SILVER
RUSH15RUN**
PRESENTED BY LA SPORTIVA

STAGES
CYCLING
**SILVER
RUSH15MTB**

2022 ATHLETE GUIDE



LeadvilleRaceSeries.com

LIFETIME



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// Welcome INTRO

Welcome to Leadville!

Anything more is not necessary, anything less is not acceptable. We are so thrilled to welcome you to the 2022 Life Time Leadville Silver Rush 50 RUN & MTB as we kick off our 39th year of racing in the magical Cloud City.

Leadville is a place to call home and feel connected with those who share a common passion. It's a starting line that welcomes each and every one of you with open arms. The thunder from the old double 12 gauge will start your great adventure and at the other end is that finish line. It's not just a finish line, it's the beginning of a new you - one who possesses the Grit, Guts, and Determination to take on the tallest mountains, the baddest trails, the thinnest air and refuses to quit until the job is done. That medal around your neck says, "I can take it and I can dish it out. You can count on me!"

Our goal for the Leadville Race Series remains the same as it has been since runners first lined up at 6th & Harrison on that early morning in 1983 - to make a difference in the local community and across the world. On your behalf and in your honor, the Leadville Trail 100 Legacy Foundation, the Life Time Foundation, and the Leadville Race Series have partnered on a variety of projects this past year to benefit Leadville and Lake County. We've given out over \$350,000 in college scholarships to Lake County graduating seniors choosing to pursue higher education, we've given grants for new trails in Leadville, we've supported healthy school lunches, and we've donated the funds for the construction of a new gym floor at Lake County High School. None of this could have been possible without the most important part of the Leadville Race Series - **YOU!**

When you race in Leadville, you become family. The staff, volunteers, and community of Leadville become your family. The work is done, and your family is ready for you to take to the start line! Now between the bang and the buckle - it's all about you. Dig Deep. Commit, don't quit. Motivation will get you to the starting line. Only total commitment will carry you to that finish.

PROVE IT AGAIN - You're better than you think you are and can do more than you think you can.

Ken, Merilee & YOUR LEADVILLE RACE SERIES TEAM

// Schedule OF EVENTS

FRIDAY, July 8th, 2022

LOCATION

Base of Dutch Henri Hill
US Highway 24 and McWethy Dr.

PACKET PICKUP HOURS

3:00pm-8:00pm

- No onsite registration.
- ID is required.
- Packets must be picked up in person - they will not be mailed or given to others.

SATURDAY, July 9th, 2022



RACEDAY PACKET PICKUP HOURS

50 RUN & Silver King & Queen ONLY: 5:00am-5:45am
Silver Rush 50 MTB and Silver Rush 15 MTB ONLY: 10:00am-3:00pm

- No onsite registration.
- ID is required.
- Packets must be picked up in person - they will not be mailed or given to others.

DROP BAG DROP OFF

50 RUN ONLY: 5:00am-5:45am
at Base of Dutch Henri Hill in Leadville Truck

LOCATION

Base of Dutch Henri Hill
US Highway 24 and McWethy Dr.

Race Start Times:

Silver Rush 50 Run Start | 6:00am

Silver Rush 15 Run Start | 9:00am

Finish Festival:

12:00pm-8:00pm

Other Important Times:

50 Run Drop bags will be returned to Start/Finish at base of Dutch Henri Hill | 4:00pm

All 50 Run drop bags must be picked up by 8:00pm

LT100 Run Lottery Coin Drawing 50 mile runners ONLY | 8:00pm

// Schedule OF EVENTS CONTINUED

SUNDAY, July 10th, 2022

STAGES
**SILVER
RUSH⁵⁰MTB**

STAGES
**SILVER
RUSH¹⁵MTB**

LOCATION

Base of Dutch Henri Hill
US Highway 24 and McWethy Dr.

PACKET PICKUP HOURS

Silver Rush MTB: 6:30am-7:45am

- No onsite registration.

Race Start Times:

Silver Rush 50 MTB Start | 8:00am

Wave 1 - Self Seeded | 8:00am

Wave 2 - Self Seeded | 8:05am

Silver Rush 15 MTB Start | 9:00am

Note:

- Top of the hill - Qualifier coin will ONLY be at the top of the hill for wave 1 - first male and first female only
- There are no drop bags allowed for the Silver Rush 50 MTB

Finish Festival:

12:00pm-5:00pm

Awards Ceremony & LT100 MTB Qualifier Selection:

4:30pm

- LT100 MTB Qualifying Spots will be awarded
- Must be present to claim your LT100 MTB Qualifier Spot



Course OVERVIEW

Silver Rush 50 Run & MTB

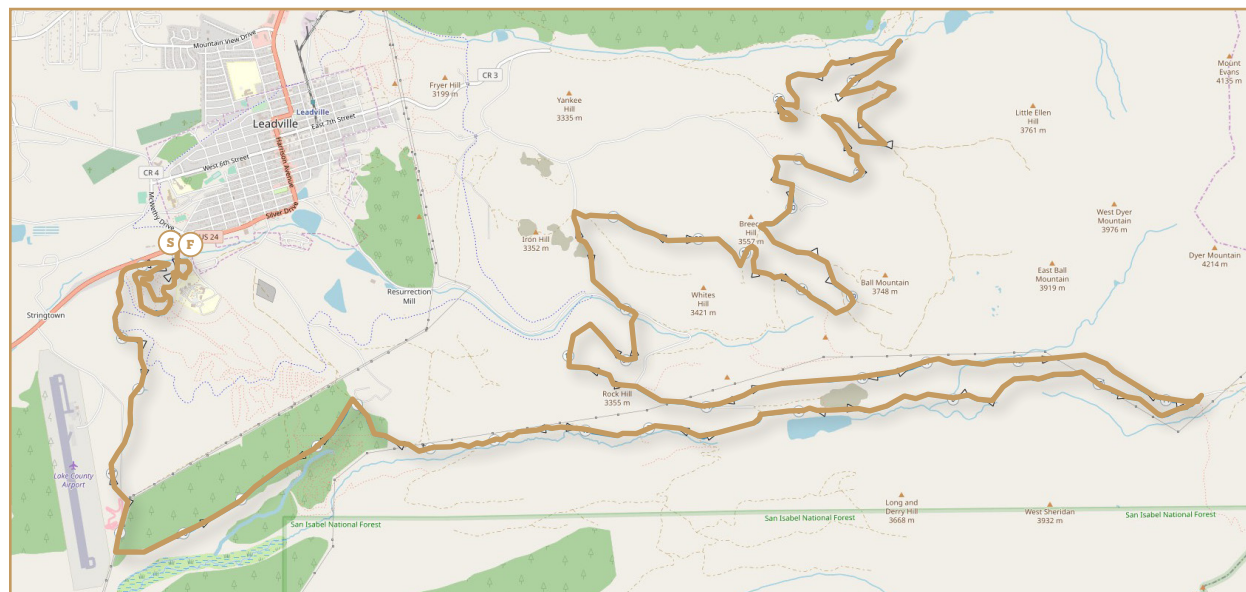
The 50-mile out-and-back course takes racers through the historic mining district on the east side of Leadville. Your day will begin with a nearly 10 mile climb on challenging alpine doubletrack topping out at over 12,000'. Enjoy the views of Mt. Sherman before descending a fast and furious dirt road section. **REMINDER: Use caution! You are on public roads throughout this course. BE AWARE OF VEHICLE TRAFFIC.** Your next uphill battle begins at mile 16 as you tackle a 4 mile grind back up to 12,000' again before descending to the turnaround point at mile 25. On the return, be aware of 2-way traffic on the course, and be respectful of your fellow athletes. Your long day is rewarded with a 10 mile descent back to the finish at Dutch Henri Hill where you'll be greeted with a finisher medal, warm food, and a cold beer!

- 50 miles
- 7,942' Elevation Gain
- 12,040' Highest point

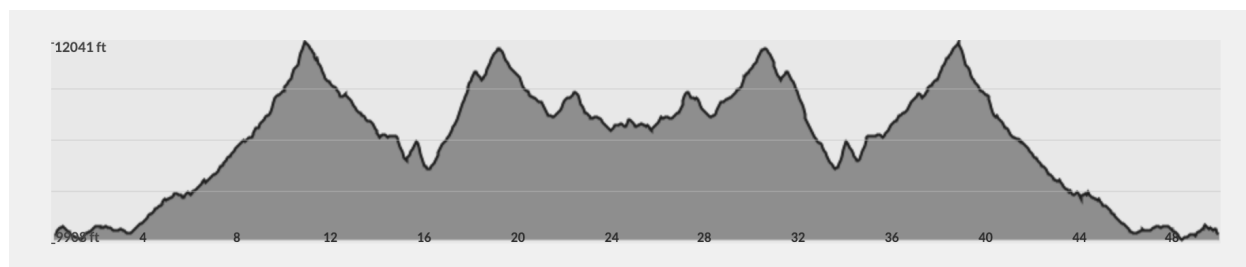
[Interactive Map / GPX File](#)



Course Map



Elevation Profile



Course OVERVIEW CONTINUED

Silver Rush 15 Run & MTB

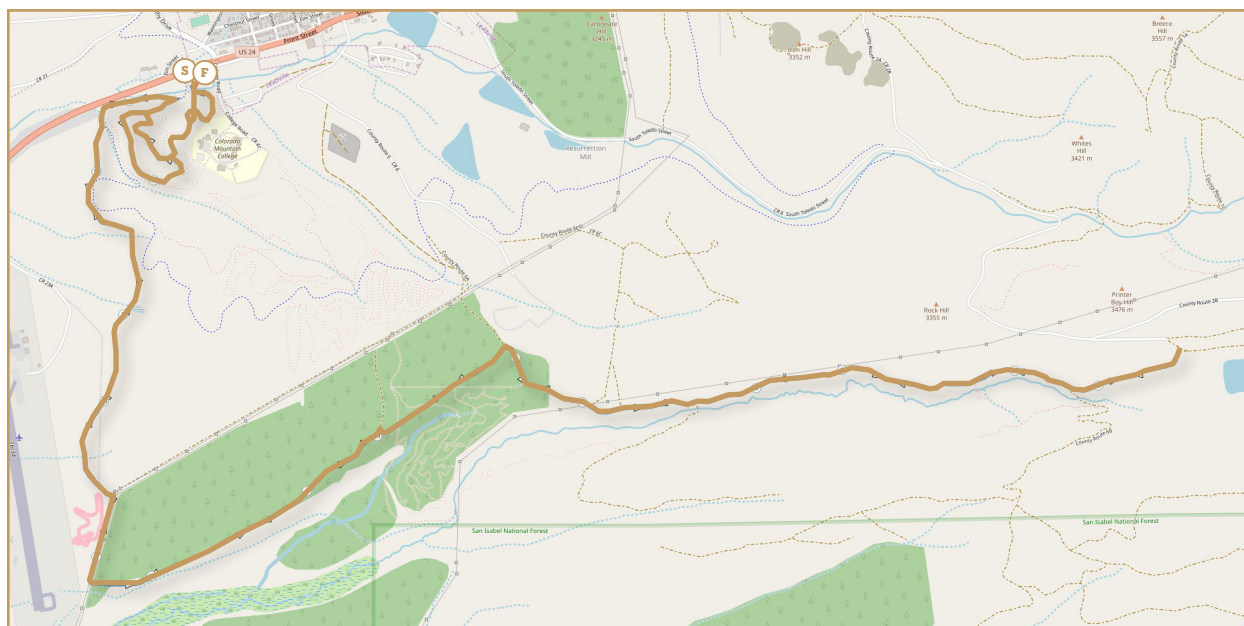
This race will start and finish on the same course as the Silver Rush 50 MTB. This race provides an excellent entry option into mountain bike racing and will, of course, be accompanied by the tremendous Leadville views along the way.

- 15.6 miles
- 1676' Elevation Gain
- 10,900' Highest Point

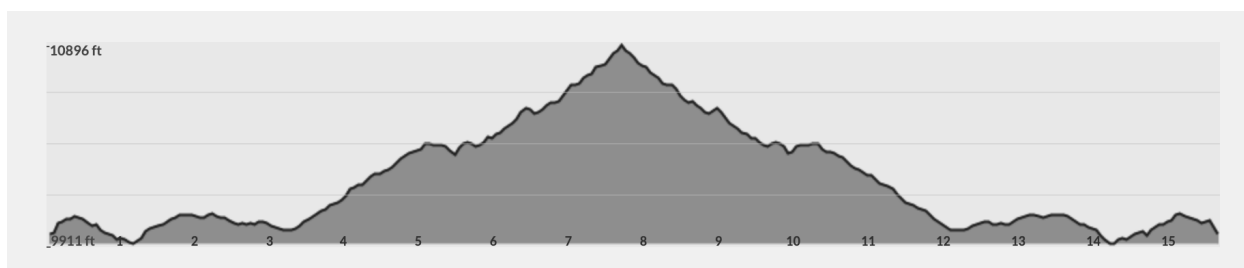
[Interactive Map / GPX File](#)



Course Map



Elevation Profile

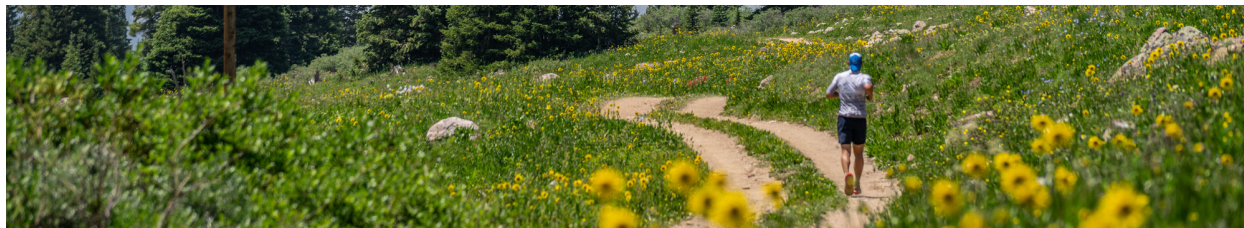


// Aid Stations & COURSE CUTOFFS

15 Run & MTB

Aid Stations

There will be **ONE** fully stocked aid station along the way, located at the half way point at mile 7.6.



50 MTB

Aid Stations

There will be **FIVE** well-supplied aid stations for the 50 MTB. Aid stations will offer a variety of GU Roctane, GU gels, water, and assorted foods including bananas, figs, pretzels, chips, etc.

- | | |
|--|---|
| ① Mile 7.6 Black Cloud | ④ Mile 32.6 Printer Boy (2:20pm cutoff) |
| ② Mile 14.2 Printer Boy | ⑤ Mile 39.2 Black Cloud |
| ③ Mile 23.5 Stumptown (12:50pm cutoff) | |

Cut-Offs

- Racers that do not make the cut off at the aid stations will NOT be able to continue the race
- Cutoffs at aid stations are based on gun time - and have factored in various start times
- Cutoffs at finish are based on chip time

| | | |
|---|--|--|
| Mile 25 Stumptown 12:50pm | Mile 32.6 Printer Boy 2:20pm | Mile 47.4 Finish Line 4:20pm |
|---|--|--|

Total Course Cutoff
8hrs & 15 minutes

// Aid Stations & COURSE CUTOFFS CONTINUED

50 Run

Aid Stations

There will be **SEVEN** well-supplied aid stations for the 50 Run. Aid stations will offer a variety of GU Roctane, GU gels, water, and assorted foods including bananas, figs, pretzels, chips, etc.

- | | |
|--|--|
| ① Mile 7.6 Black Cloud | ⑤ Mile 29.5 Rock Garden (3:00pm cutoff) |
| ② Mile 14.2 Printer Boy | ⑥ Mile 32.6 Printer Boy (4:30pm cutoff) |
| ③ Mile 17.8 Venir | ⑦ Mile 39.2 Black Cloud (6:00pm cutoff) |
| ④ Mile 25 Stumptown (1:30pm cutoff) | |

Cut-Offs

- Racers that do not make the cut off at the aid stations will NOT be able to continue the race
- Cutoffs at aid stations are based on gun time – and have factored in various start times
- Cutoffs at finish are based on chip time

| | | |
|---|--|--|
| Mile 23.5 Stumptown 1:30pm | Mile 29.5 Rock Garden 3:00pm | Mile 32.6 Printer Boy 4:30pm |
| | Mile 39.2 Black Cloud 6:00pm | Mile 47.4 Finish Line 8:00pm |
| Total Course Cutoff 14 hours Chip Time | | |

Drop Bags

| | | |
|---|---|--|
| DROP OFF 5:00am-5:45am Base of Dutch Henri Hill at Leadville Truck | PICK-UP AT FINISH LINE 4:00pm All bags must be claimed by 8:00pm | <ul style="list-style-type: none"> • Clear Plastic ONLY • Drop bags will ONLY be taken to the Stumptown Aid Station (half way mark) |
|---|---|--|

// Crew & Spectator INFORMATION

We recognize crews as a critical component to all of our events. Our courses cover open roads and trails and careful consideration must go into how and where crews and spectators can access their athletes. A conscious plan around this is a foundation of our partnership with the community, USFS, BLM, City of Leadville and Lake County officials to ensure we are providing a safe event experience to everyone involved.

To support local community impacts and maintain safety on public roads, the only areas where crew and spectators are allowed on course are:

- 1**
Start/Finish Area
- 2**
Printer Boy Aid Station
Outbound mile 14.2
Inbound mile 32.6
- 3**
Stumptown Aid Station
Half way point, turnaround

Map Link



Printer Boy Aid Station and Stumptown Aid Station can be accessed using public roads, please follow the [spectator map](#) for driving directions.



What you need to know with regard to showing up in Leadville.

From Race Director, Tamira Jenlink:

We welcome you Leadville race family, and are so excited to have you here and share this amazing back yard with you! You are the sustenance and foundation of all of our events. And unmistakably, your love for this community and these events, creates a life and energy much like that of a family reunion. (or for some of us... maybe the one we dream of...)

Along those lines and true to our ideal of what family means, so many of you have, and continue to reach out and ask “What can I do?” “How can I support, volunteer or be more a part of this amazing community?” And this season, I want to take a few moments to answer you directly, and equally as important, share a little of what our community of Leadville has also requested.

The first one, you will hear me mention often and consistently throughout the summer; “We are in Leadville’s backyard!” The magic of all of our experience begins and ends with Leadville and the foundation of this spectacular backyard; it’s amazing community.

So first, let’s talk about what “community” means. Here in Leadville, community is the depth and breadth of what makes this place special. Community, in Leadville means all the amazing humans who live and breathe this 10,152’ air year round. It refers to those folks who make this town happen, keep it moving and thriving in the dead of winter (when many of us might choose a warmer climate), and ultimately are the foundation and cornerstones of the heart of Leadville.

This amazing community is the reason we have a space to hold these events. It is truly a gift for us to be given permission to pursue these events in this extraordinary space. With that in mind, I not only invite you, but really put forth a Call To Action, for all of us to show up in this backyard, as our very best selves and ultimately the BEST POSSIBLE HUMANS WE CAN BE. The gift we are able to give back, is to really hear and respond to the requests with our full attention and presence!

So PLEASE join me in responding and holding up our end of being awesome athletes, spectators, crews and all around humans! Please take special note of the sections that follow on Parking, Zero Waste and Leave No Trace. These are specific areas that the community has requested our attention around. Thank-you in advance for joining me in consciously addressing these pieces, and ultimately a crucial representation of ourselves in this amazing backyard!

And the last thing I will leave you with is.... Don’t forget to take just a moment for the total awe of where you are, all you’ve done to arrive here... and all the other amazing humans around you. Let’s take care of each other out there on race day, and this community before, during and after!

Dig Deep and enjoy every last second!

Tamira

// **Parking** INFORMATION

There is **EXTREMELY LIMITED** parking at the start/finish. Once parking fills, all athletes and spectators will be required to park at the Community Fields and High School Parking lot and take a shuttle (or run, walk, bike) to the start line. More info on shuttles is available on the “Parking & Shuttles” dropdown on our website.

Parking Do's & Don'ts

DO

Parking in the Following Areas

See Map for Details

- Community Fields
- High School/Intermediate School Parking Areas



Follow all parking crew upon entering Leadville – pre, during and post event

Observe all “No Parking” signs

Utilize the SHUTTLE SERVICE we will have in place throughout the event.

Refer to the event web page for up to date shuttle schedules under the “SHUTTLE” Tab.

Please **DON'T**

Attempt to park near the startline.
NO racer parking at the start.

Park on Harrison Ave. or in front of local businesses

Block people's driveways

Park in **ANY** emergency access areas



// Zero Waste & LEAVE NO TRACE

Zero Waste

All LRS events are under a zero waste initiative, and as such will be enforcing strict guidelines around waste and sustainability at our events. What does this mean? These events have the potential to leave an enormous footprint. Part of our responsibility to this community and all public and private lands involved in these events, is our stewardship and protection of this land. **WE MUST HAVE YOUR HELP!**

Trash & Recycling

- As part of a continuing effort to minimize waste and lessen our race footprint, we partnered with HydraPak and transitioned to cup-free racing. By providing runners with HydraPak's reusable, lightweight and flexible SpeedCup, we will be saving approximately 36,000 disposable cups from being used throughout our Leadville Race Series Run events.
- We partner with our local zero waste non-profit, [Cloud City Conservation Center \(C4\)](#), to divert 100% of race day waste from our local landfill. All Leadville races are a Zero Waste Event - meaning we do our absolute best to reduce, reuse, recycle and compost before sending something to the landfill.
- **Know Before You Throw** - Leadville is a small community and we do not have the same waste infrastructure as your community. Please read all signage before tossing your trash -including both event and public receptacles. Aren't sure where to toss it? Ask a Zero Waste Volunteer on site or visit [C4leadville.org](#) before your trip to plan ahead.
- As a **Leave No Trace (LNT)** event, racers and crew are required to abide by the LNT principles on race day. We encourage you to follow these principles during your entire visit to Leadville - throughout your race weekend and any training visits you make as well! Please see our page on LNT.
- Intentional littering on the course, will be grounds for disqualification.
- The course—on trails both public and private— travels past many historic sites and through areas of exceptional beauty. Join us in this crucial initiative to keep them pristine!



// Zero Waste & LEAVE NO TRACE CONTINUED

Leave No Trace

The Leadville Race Series will directly hold and mirror the 7 principles already established and in place via the US Forest Service. Below is a direct excerpt from USFS Leave No Trace web page which can be found at: <https://www.fs.fed.us/lei/no-trace-ethics.php#:~:text=Leave%20What%20You%20Find,%2C%20furniture%2C%20or%20dig%20trenches>.

The Leave No Trace Seven Principles

① Plan Ahead and Prepare

- Know the regulations and special concerns for the area you'll visit.
- Prepare for extreme weather, hazards, and emergencies.
- Schedule your trip to avoid times of high use.
- Visit in small groups when possible. Consider splitting larger groups into smaller groups.
- Repackage food to minimize waste.
- Use a map and compass to eliminate the use of marking paint, rock cairns or flagging.

② Travel and Camp on Durable Surfaces

- Durable surfaces include established trails and campsites, rock, gravel, dry grasses or snow.
- Protect riparian areas by camping at least 200 feet from lakes and streams.
- Good campsites are found, not made. Altering a site is not necessary.

In popular areas:

- Concentrate use on existing trails and campsites.
- Walk single file in the middle of the trail, even when wet or muddy.
- Keep campsites small. Focus activity in areas where vegetation is absent.

In pristine areas:

- Disperse use to prevent the creation of campsites and trails.
- Avoid places where impacts are just beginning.



// Zero Waste & LEAVE NO TRACE CONTINUED

③ Dispose of Waste Properly

- Pack it in, pack it out. Inspect your campsite and rest areas for trash or spilled foods. Pack out all trash, leftover food and litter.
- Deposit solid human waste in catholes dug 6 to 8 inches deep, at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.
- Pack out toilet paper and hygiene products.
- To wash yourself or your dishes, carry water 200 feet away from streams or lakes and use small amounts of biodegradable soap. Scatter strained dishwater.

④ Leave What You Find

- Preserve the past: examine, but do not touch cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.



⑤ Minimize Campfire Impacts

- Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light.
- Where fires are permitted, use established fire rings, fire pans, or mound fires.
- Keep fires small. Only use sticks from the ground that can be broken by hand.
- Burn all wood and coals to ash, put out campfires completely, then scatter cool ashes.
- KNOW AND FOLLOW ALL CURRENT FIRE RESTRICTIONS

⑥ Respect Wildlife

- Observe wildlife from a distance. Do not follow or approach them.
- Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers.
- Protect wildlife and your food by storing rations and trash securely.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

⑦ Be Considerate of Other Visitors

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Step to the downhill side of the trail when encountering pack stock.
- Take breaks and camp away from trails and other visitors.
- Let nature's sounds prevail. Avoid loud voices and noises.

\\ IMPORTANT Info & Rules

- ① You **MUST HAVE** your **ID** to pick up your packet. You **CANNOT** pick up a packet for your friends.
- ② Timing chips, located on the back of the race bib, must be worn at all times during the race.
- ③ **DO NOT** fold your bib, this can damage the timing chip and cause timing errors.
- ④ Unsportsmanlike conduct is grounds for disqualification.
- ⑤ Respect the land - no garbage, clothing, etc., shall be thrown on the course. If runners are caught littering, they will be disqualified. There will be trash receptacles at all aid stations. Please use them!
- ⑥ DNFs must be reported to timing, preferably at the start/finish line or nearest aid station.
- ⑦ No pets on course or at the start/finish area per City of Leadville regulations.
- ⑧ Trekking poles are allowed! Please be courteous of others.
- ⑨ **COURSE MARKING** - The trail will be marked with pink/black pink flags and flagging tape.



// Awards & LT100 QUALIFIER INFO

Awards

Age group and overall awards will be distributed to the top competitors at the awards ceremony.

Awards will be distributed in the following categories:

50 Mile MTB

Female 19 & Under
 Female 20-29
 Female 30-39
 Female 40-49
 Female 50-59
 Female 60-69
 Female 70+
 Single Speed Female Open
 Male 19 & Under
 Male 20-29
 Male 30-39
 Male 40-49
 Male 50-59
 Male 60-69
 Male 70+
 Single Speed Male Open
 Single Speed Nonbinary
 Tandem
 Overall Male
 Overall Female
 Overall Nonbinary
 Para Overall Male
 Para Overall Female

15 Mile MTB

Overall Female
 Overall Male
 Overall Nonbinary
 Para Overall Male
 Para Overall Female
 Juniors Overall
 18 and under racing age

15 Mile Run

Overall Female
 Overall Male
 Overall Nonbinary
 Para Overall Male
 Para Overall Female
 Juniors Overall
 18 and under racing age

50 Mile Run

Female 19 & Under
 Female 20-29
 Female 30-39
 Female 40-49
 Female 50-59
 Female 60-69
 Female 70+
 Male 19 & Under
 Male 20-29
 Male 30-39
 Male 40-49
 Male 50-59
 Male 60-69
 Male 70+
 Overall Male
 Overall Female
 Overall Nonbinary
 Para Overall Male
 Para Overall Female

// Awards & LT100 QUALIFIER INFO CONTINUED

LT100 Qualifier

The Leadville Silver Rush 50 RUN & MTB events are qualifiers for the Life Time Leadville Trail 100 Run presented by La Sportiva and the Stages Cycling Leadville Trail 100 MTB. **There are a total of 50 LT100 qualifier coins up for grabs at each of the SR50 events, RUN & MTB.**

Half of the total LT100 coins will be distributed based on performance and half of the coins will be given away in the Event Lottery at the conclusion of the awards ceremony.

25 slots will be distributed based on performance:

- Slots will be distributed to each gender and age group (20-29, 30-39, etc.) based on the percentage of total athletes in those age groups, with a minimum of one slot for every age group.
- The top athletes in each age group will receive the allocated slots.
- In the event a top athlete elects not to accept a slot, the slot will roll down to the next athlete in the results within the age group.
- In the event slots are not claimed after the roll down in each age group, those slots will be allocated to the Event Lottery, as described below.

25 slots will be distributed through the Event Lottery:

- All finishers under the predetermined maximum finish time who have indicated their desire to participate in the lottery will be entered in the lottery.
- Names will be drawn from the eligible lottery athletes and slots will be given out.
- In the event an athlete opts not to accept a slot, the slots will roll down to the next athlete that is drawn until ALL slots have been distributed.
- Qualification slots must be claimed in person immediately.
- Registration for the Leadville Trail 100 Run must be completed and paid for during the designated time offered.
- Only solo runners competing the required distance under the allotted cutoff time will be considered as potential qualifiers.
- All registration fees for the LT100 Run are non-transferable and non-refundable.



RACE SERIES Staff & Sponsors

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Ken Chlouber
Race Founder & 14-Time Finisher

Merilee Maupin
Race Founder, Former Race Director

Race Sponsors

We thank the following sponsors for making the Life Time Leadville Silver Rush 50 RUN & MTB possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without all of you.

Our most sincere thanks to you all!

LIFETIME

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